



Benefit & Pension Funds
for Hospital & Health Care Employees
Philadelphia and vicinity

Independence 



ON THE GOGA

Welcome to your 2025-2026 **WELLBEING PROGRAM**

Access everyday wellness resources and events to feel better about work and life.



**LIBRARY OF
WELLNESS
RESOURCES**



**LIVE MONTHLY
WELLBEING
EVENTS**



**WELLBEING
CHALLENGES**

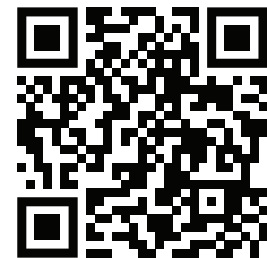


**PRIZE
OPPORTUNITIES**

**SIGN UP TODAY AND GET ACCESS TO BRAND NEW WELLNESS
RESOURCES DELIVERED EVERY SINGLE MONTH!**

LEARN MORE BY LOGGING IN AT [HUB.ONTHEGOGA.COM/LOGIN](https://hub.onthegoga.com/login)

Scan to
Sign Up!



YOUR WELLBEING MATTERS

Register for the 1199c Wellbeing Hub and give your health a boost!

STEP 1 Visit The Sign Up Page

Scan the QR code, or visit
HUB.ONTHEGOGA.COM/SIGNUP

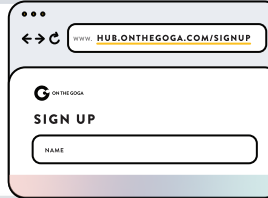


Illustration of a web browser showing the sign-up page. The address bar displays HUB.ONTHEGOGA.COM/SIGNUP. The page content includes the "ON THE GOGA" logo, the heading "SIGN UP", and a text input field labeled "NAME".

OR



STEP 2 Enter Your Information

Fill out the form and use the code
BEWELLCFUNDS

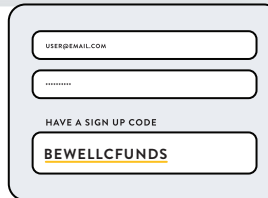


Illustration of a sign-up form. It contains three input fields: "USER@EMAIL.COM", a password field with asterisks, and a field for the sign-up code "BEWELLCFUNDS". The text "HAVE A SIGN UP CODE" is positioned above the code field.

STEP 3 Get Well

Check-in every month for new live workshops, resources, and more.

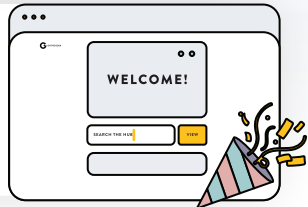


Illustration of a welcome screen. It features a "WELCOME!" message, a search bar with the placeholder "SEARCH FOR ANY", and a "GO" button. A party horn icon is shown next to the search bar.

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